

**ALL STAR**



**SUPER**

**GOOD CHOICES**

**READY FOR THE DAY**

**WARNING**

**THINK ABOUT IT**

**LOSE PRIVILEGE**

# ALL STAR

*+ 15 Minutes at Bedtime*



# SUPER

*+ 10 Minutes at Bedtime*

# GOOD CHOICES

*+ 5 Minutes at Bedtime*

# READY FOR THE DAY

# WARNING

*- 5 Minutes at Bedtime*

# THINK ABOUT IT

*- 10 Minutes at Bedtime*

# LOSE PRIVILEGE

*- 15 Minutes at Bedtime*

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**SUPER**

**GOOD CHOICES**

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**WARNING**

**THINK ABOUT IT**

**LOSE PRIVILEGE**